

CSAL Soccer

THE GAME:

Two (2) twenty (20) minute halves, running time

Five (5) minute half-time

Mercy Rule: 8 goals at halftime or

when a goal differential of 8 is reached in the second half

Federation International de Football Association (FIFA) Soccer Rules will be in effect with the exception of those as outlined in the CSAL Soccer Rules and Regulations.

The BALL: Juniors play with a size 4 ball. Seniors play with a size 5 ball.

UNIFORMS: Uniform shirts of the same color with numbers are required. Numbers must be screened; no taped on or marks-a-lot numbers are allowed. Teams should have bibs or practice vests in case both teams have the same color jersey. The home team is responsible for changing. Shorts may not have pockets. No skorts, skirts, or "Lululemon" type shorts. No metal cleats.

TEAM PLAYERS

Seven (7) players are required to start or finish a game.

The maximum number of players per team is 11 (Goalie + 10 field players).

Teams are Co-Ed and must have 3 girls on the field of play at all times,

OR they play with less players. (0 girls = 8 players, 1 girl = 9 players, 2 girls = 10 players)

Substitution

Unlimited substitutions may be made during the game at the following times

with permission of the Referee:

After a goal has been scored

At the time of a goal kick by either team

At the beginning of the second half or overtime period(s)

At the discretion of the Referee in the event of an injury

****** No substitutions will be allowed for a player ordered from the field by the Referee for misconduct.

If a player is injured during the game, he must leave the field for at least one possession, with the team putting in a substitute player. The injured player may then re-enter the game.

FIELD:

The typical soccer field has dimensions of 75 yards by 120 yards.

FIFA Standard requires a length between 100 and 130 yards and a width of 50 to 100 yards.

CSAL uses the school football fields, and adjust the field accordingly. Those dimensions are:

The field shall be a rectangular area with

Length – Sixty (60) yards

Width – Thirty-five (35) yards maximum, Thirty (30) yards minimum

End Zone – Ten (10) yards maximum, Five (5) yards minimum
at the end of each goal line.

THE GOAL:

Minimum recommended goal size is 7' x 21' / Maximum recommended goal size is 8' x 24'