

CSAL Girls Volleyball Notes

The NET - Shall be seven feet four and one-quarter inches (7' 4 ¼") in height.

The BALL - Any official leather volleyball. No "sand" or "beach" volleyballs are allowed.
The referee will select the best ball for the game.

JUNIOR team players will use a "Volley-Lite" volleyball,
designated as such on the ball.

SENIOR team player will use the full-sized volleyball.

**** This is a RULE not a suggestion.**

Teams may not decide to use a different ball for game play.

The Scorer's Table – Each coach is responsible to:

1. Turn in a written roster to the official scorekeeper
The roster must include the player's name and uniform number.
2. Provide a responsible person to assist at the scorer's table.

Line Judges – Each team provides one line judge.

Pre-Game Conference – Referee, team captains, and head coaches.

Coin Toss

1. A coin toss shall be conducted between the designated team captain of each team prior to the first game of the match.
2. The visiting team captain shall call the toss.
3. The home team captain chooses the team bench.
4. The winner shall choose either to serve or receive on the playing area.
5. The loser of the toss shall be given the remaining choice.
6. The receiving team of the first game serves the second game of the match.
7. A coin toss is performed for the third game of the match (if necessary).

Teams do not change courts during the match.

Warm-Ups - Each team is given a 4 minute warm-up period alone on the court which includes their serving time.

****** If both coaches agree, both teams will share the court for a four (4) minute warm-up period, which includes their serving time.

PreGame Prayer – Prior to taking the court, both teams meet for a pregame prayer.

The Serve - **Junior team players** are allowed to step over the back line 3' into the court on the serve. It does not matter if she stands behind the serving line or in front of the line, as long as she does not step more than 3' into the court.

Senior team players may not touch the back line of the court on the serve.

Libero Position – Teams are allowed to play with a Libero, however coaches must know how to utilize a libero. A libero tracker may not be available at the scorer's table.

If the official deems a team is not utilizing the libero properly, the coach will need to discontinue the libero and play with a regular 6-player team.

**If an official does not show up for the match, or if you have any questions, contact
Dennise Brennan (504) 913-3569*